

CURRICULUM VITAE

PERSONAL INFORMATION

Name: David

Middle name: de Castro Alves

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Birth date: 19/08/1956

Nationality: Portuguese

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ACADEMIC SKILLS

2012 - PhD, Biomedicine (Epidemiology). Faculty of Health Sciences - University of Beira Interior.

2004 - Master, Public Health (Epidemiology). Faculty of Medicine - University of Porto.

1995 - Bachelor, Education Sciences. Faculty of Psychology and Education Sciences - University of Porto.

1984 - Bachelor, Social Work. Institute of Social Service of Porto.

PROFESSIONAL SKILLS

- a. Senior Social Worker.
- b. Trainer accredited at Continuing Teacher Education - Relations between Education and Society.
- c. Trainer in Social Psychology of Organizations with over 200 hours.

PROFESSIONAL EXPERIENCE

Social Worker at St. John Hospital - Porto:

23/02/2009: Coordinator of the Office of Citizen. Customer support.

05/04/2005 - 22/02/2009: Coordinator of Social Service.

03/04/1989 - 04/04/2005: Psychosocial support to patients and their families.

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01/09/1996 - 31/07/2012: Teacher at Institute of Social Service of Porto.

Lessons:

- I. Methods and Techniques of Social Work.
- II. Research Seminar in Social Work.
- III. Seminar for the Study of Social Work Practice.

Thesis advisor:

- I. The influence of self-esteem in the quality of life of patients with HIV / AIDS.
- II. Assessment of quality of life and burden of informal caregivers of patients with lung cancer.

PUBLICATIONS

Costa, D. (2003). *Quality of life pós-stroke. A social intervention results.* (Porto Master), Porto, Porto.

Costa, D. (2012). *Multiple Sclerosis and Quality of Life: The effect of Social Support.* (PhD Biomedicine (Epidemiology)), Beira Interior, Covilhã.

Costa, D. (2014). Social support and elderly quality of life. In C. Moura (Ed.), *Idadismo* (pp. 356). Lisboa: euedito.

Costa, D., & Barros, H. (2003). Stroke patients and caregivers. A social intervention randomized trial. *Gac Sanit*, 17(suppl 2), 122-122.

Costa, D., Sá, M. J., & Calheiros, J. M. (2009a). Multiple Sclerosis and social support: A systematic review. *Sinapse*, 9(N2), 17-21. (**Premium Bayer Schering Pharma**)

Costa, D., Sá, M. J., & Calheiros, J. M. (2009b). Multiple sclerosis: disability and perceived social support. *Sinapse*, 9(N2), 104-104.

Costa, D., Sá, M. J., & Calheiros, J. M. (2009c). Social support and quality of life of patients with multiple sclerosis. *Sinapse*, 9(N1), 76-77.

Costa, D., Sá, M. J., & Calheiros, J. M. (2011). Effect of social support on depressive symptoms in patients with multiple sclerosis. *Rev Neurol*, 53, 457-462.

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Costa, D., Sá, M. J., & Calheiros, J. M. (2012). The effect of social support on the quality of life of patients with multiple sclerosis. *Arq Neuropsiquiatr*, 70(2), 108-113. **Cited 7.**

Costa, D., Sá, M. J., & Calheiros, J. M. (2013). Social Characteristics and Quality of Life of Multiple Sclerosis Portuguese Patients. *Neurol Ther*, 2, 43-56.

Rodrigues, G., Costa, D., Rocha, L., Monteiro, A., & Rodrigues, E. (2005). Sociological evaluation of patients with lung cancer. *Portuguese Journal of Pulmonology*, XI(Maio/Junho), 283-305.

MEMBERSHIP IN SOCIAL ORGANIZATIONS

Multiple Sclerosis Study Group.

National Association of Multiple Sclerosis Patients - Audit committee.

Social Center of Foz do Sousa - Founder and Vice President.

Foz do Sousa, 06-04-21014

